



BRUNCHINN..at The Tempest Arms

Coffee or tea

Orange juice, Yorkshire water, apple juice

choice of cooked dish

Steamed Manx Kippers **(Fish)**

Grilled crispy bacon sandwich **(Gluten Free bread available on request)**

Two boiled eggs and soldiers **(Egg)**

Cheese omelette **(Milk, Egg)**

Poached or scrambled eggs on toast **(Milk, Egg)**

Smoked salmon with scrambled or poached egg **(Fish, Egg, Milk)**

Avocado on toast with smoked salmon or bacon **(Fish, Cereals)**

THE GRILL.....Two rashers of bacon, sausage, field mushroom, baked beans, black pudding & fried egg **(Cereals, Egg)**

NO MEAT.....Vegetarian sausage, roast tomato, grilled mushroom, baked beans, fried egg and potato rosti **(Cereals, Egg)**

£9.95 per Head

Available Saturday and Sunday 10am to 11.30am

Allergies and dietary needs – please advise us on ordering!

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones.

All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information. Company

reg: 00170679